

# Through the New Testament

A 90 day chronological reading plan



**1/23-1/26**

## **Discussion Guide**

Read Matthew 6:5-13

Jesus is telling His disciples how to pray in the middle of a sermon He is giving about how to live as a Christian.

He tells them two things not to do while praying

1. Don't pray in front of other people to try and impress others, when we pray we are focused on talking to God
2. You don't need to say a bunch of words when you pray, or worry about sounding smart or formal.

Prayer doesn't need to be fancy, or in any special place, or in front of special people. No matter where or when we pray, God will hear us. And no matter what we pray, God knows our needs.

### **If God knows what we need, why do you think we should pray?**

Jesus models prayer, so we know it is an important thing to do. God wants to hear from us, and prayer helps us to focus on God and grow closer to Him.

### **What things does Jesus pray for?**

### **How do you usually pray?**

Spend time in prayer together, praise God, and ask Him to continue to make you more like Christ.